



TEXAS DEPARTMENT OF HEALTH
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TO: Regional Directors
Directors, Local Health Departments
Directors, Independent WIC Local Agencies
Herman Horn, Acting Chief, Bureau of Regional/Local Health Operations

FROM: Barbara Keir, Director {Original Signed}
Division of Public Health Nutrition and Education
Bureau of Nutrition Services

DATE: May 25, 2001

SUBJECT: New Nutrition Education Materials

This memo describes new nutrition education materials and information. Please give this information to your Nutrition Education and Breastfeeding Coordinators.

The **Basic Nutrition Module, Stock No. 13-33** and the **Answer Key, Stock No. 13-34**, has been revised. The revised module is considerably longer than the old module. It will provide WIC educators with a thorough overview of basic nutrition principles that can serve as a strong foundation for the delivery of quality nutrition education services. To order, please use the **Texas WIC Materials Order Form, Attention Forms Coordinator and fax to (512) 458-7446**. Please destroy or recycle copies of the old *Basic Nutrition Module* and order the new one. Orders for this module will be filled and mailed in early June, 2001. This module can also be downloaded from the web at www.tdh.state.tx.us/wichd/tng/manuals.htm

Just a reminder that according to policy **NE:02.2** and **NE:02.3**, and **memo #99-03**, all WIC staff who provide individual counseling and/or conduct NE group classes need to complete the nutrition modules. For new staff, at least one module must be completed each month, beginning the first month of employment. New staff must complete the *Basic Nutrition Module* before providing any individual counseling or conducting any nutrition education classes. **All current staff who currently do individual counseling and/or teach group classes must complete this revised Basic Nutrition Module within 6 months (i.e., by December 31, 2001).**

If you have any question regarding the above, please contact Shellie Shores, Nutrition Education Consultant, at (512) 458-7111, extension 3463 or shellie.shores@tdh.state.tx.us, or Mary Van Eck, Nutrition Education Coordinator at (512) 458-7111, extension 3484 or mary.vaneck@tdh.state.tx.us.